



INTERNATIONAL STAGE HUESCA 2025

04 – 05 – 06 APRIL 2025

APRIL 04

FROM 7:00 PM TO 9:00 PM INTERNATIONAL STAGE

PLANNED PROGRAM KI NANBU TAISO
 RANDORI + NININGAKE
 BASIC KATA + BUNKAI (Details and doubts)
 KEIRAKU TAISO

APRIL 05

FROM 10:00 AM TO 12:00 PM INTERNATIONAL STAGE

PLANNED PROGRAM KI NANBU TAISO
 RANDORI + SUWARI ADVANCED RANDORI
 SUPERIOR KATA + BUNKAI (Details and doubts)
 KEIRAKU TAISO

FROM 4:00 PM TO 5:30 PM INTERNATIONAL STAGE

PLANNED PROGRAM TENCHI UNDO
 SOTAI BASIC + SUPERIOR
 BASIC + SUPERIOR KATA

**FROM 7:00 p.m. to 8:30 p.m. Theoretical class “KEIRAKU-HEALTH AND NANBUDO THEME”
BLUE ROOM CASINO OF HUESCA**

9:30 PM INTERNATIONAL STAGE DINNER

APRIL 06

FROM 10:00 A.M. TO 11:30 A.M. INTERNATIONAL STAGE

PLANNED PROGRAM KI DO HO
 BASIC + SUPERIOR KATA
 SUWARI RANDORI + KANTSETSU RANDORI

FROM 11:30 AM TO 12:30 PM SPECIAL INTERNATIONAL STAGE FOR CHILDREN

P.S. During the Stage sessions, there will be joint work and work in which the Nanbudokas will be divided into 2 Tatamis, depending on their program and level, to make the most of the time and experience of the Dai Shihan, creating a dynamic environment.

STAGE PLACE; CENTER POLIDEPORTIVO DEL PARQUE Avenida Juan XXIII HUESCA

STAGE 50 EUROS

CHILDREN'S STAGE 10 EUROS (Sunday class only)

STAGE SATURDAY DINNER 25 EUROS

REGISTRATIONS (deadline April 03)

MARIANO CARRASCO + 34 636 95 15 51

marianocarrasco1@gmail.com

ALMA LARA + 34 630 60 36 24

almalara79@gmail.com

Zaragoza Airport (Saragossa) (we will pick you up and take you)

Barcelona Airport (train and bus to Huesca or Zaragoza)

Pau Airport -France- (car rental to Huesca)

POSSIBLE ACCOMMODATIONS (there are many more, all within these prices, look at booking.com)

RUGACA HOSTEL

DOUBLE ROOM (about 50 EUROS PER NIGHT).

5 MINUTES WALKING TO THE SPORTS CENTER.

CITY CENTER

www.booking.com HOSTAL RUGACA HUESCA

HOSTAL EL CENTRO HUESCA

DOUBLE ROOM (about 50 EUROS PER NIGHT).

7 MINUTES WALKING TO THE SPORTS CENTER.

CITY CENTER

<http://www.hostalelcentrohuesca.es/>

www.booking.com HOSTAL EL CENTRO HUESCA

SANCHO ABARCA HOTEL ****

DOUBLE ROOM (about 92 EUROS PER NIGHT).

2 MINUTES WALKING TO THE SPORTS CENTER.

www.booking.com HOTEL SANCHO ABARCA

<https://www.hotelsanchoabarca.com/>

HOTEL PEDRO I ARAGON **HIGHER**

DOUBLE ROOM (about 92 EUROS PER NIGHT).

1 MINUTE WALK TO THE SPORTS CENTER.

www.booking.com HOTEL PEDRO I HUESCA

<https://www.hotelpedroidearagon.com/>