



Worldwide Nanbudo Federation

CINDA

**Competition Technical Contents**

**2023**

## Official Seniors technical content

<b><i>JU RANDORI INDIVIDUAL - JU RANDORI TEAM COMPETITION (Seniors)</i></b>									
	<b><i>RANDORI</i></b>	TSUKI	TSUKI	MAE GERI	MAE GERI	MAWASHI GERI	MAWASHI GERI	TSUKI	<b>Number of authorized techniques</b>
1	RANDORI ICHI NO KATA	0	0	0	0	0	0	0	<b>7</b>
2	RANDORI NI NO KATA	X	X	0	X	X	0	0	<b>3</b>
3	RANDORI SAN NO KATA	0	0	0	0	0	0	X	<b>6</b>
4	RANDORI YON NO KATA	0	0	0	X	X	X	0	<b>4</b>
5	RANDORI IRIMI NO KATA	0	0	0	0	0	0	0	<b>7</b>
6	RANDORI SUKUI NO KATA	0	0	0	0	0	0	0	<b>7</b>
7	RANDORI GYAKU IRIMI NO KATA ou GYAKU SUKUI NO KATA	0	0	0	0	0	0	0	<b>7</b>
8	KAITEN RANDORI ICHI NO KATA	0	0	0	0	0	0	0	<b>7</b>
9	KAITEN RANDORI NI NO KATA	0	0	0	0	0	0	0	<b>7</b>
10	KAITEN RANDORI SAN NO KATA	0	0	0	0	0	0	0	<b>7</b>
11	GYAKU RANDORI ICHI NO KATA	0	0	0	0	0	0	0	<b>7</b>
12	GYAKU RANDORI IRIMI NO KATA	0	0	0	0	0	0	0	<b>7</b>
13	GYAKU RANDORI NI NO KATA	X	X	0	X	X	X	X	<b>1</b>
14	GYAKU KAITEN RANDORI ICHI NO KATA	0	0	0	0	0	0	0	<b>7</b>
15	GYAKU KAITEN RANDORI NI NO KATA	X	X	0	0	0	0	0	<b>5</b>
<b>Number of techniques authorized for use</b>		<b>12</b>	<b>12</b>	<b>15</b>	<b>12</b>	<b>12</b>	<b>13</b>	<b>13</b>	<b>89</b>

0 = TECHNIQUES AUTHORIZED IN COMPETITION JU RANDORI INDIVIDUAL AND JU RANDORI TEAMS

X = TECHNIQUES FORBIDDEN IN COMPETITION JU RANDORI INDIVIDUAL AND JU RANDORI TEAMS

*Official international list (CINDA validation)*

USING ANY OTHER TECHNIQUE IN THE COMPETITION WILL BE PUNISHED



***KATA INDIVIDUAL - KATA TEAM COMPETITION (Seniors)***

1	Nanbu Shodan
2	Nanbu Nidan
3	Nanbu Sandan
4	Nanbu Yondan
5	Nanbu Godan
6	Ikkyoku
7	Hyaku Hachi
8	Seipai
9	Seienchin
10	Sampo Sho
11	Shin Tajima
12	Kaguya Hime



## Official Cadets/Juniors technical content

<b>JU RANDORI INDIVIDUAL - JU RANDORI TEAM COMPETITION (Cadets/Juniors)</b>									
	RANDORI	TSUKI	TSUKI	MAE GERI	MAE GERI	MAWASHI GERI	MAWASHI GERI	TSUKI	Number of authorized techniques
1	RANDORI ICHI NO KATA	0	0	0	0	0	0	0	7
2	RANDORI NI NO KATA	X	X	0	X	X	0	0	3
3	RANDORI SAN NO KATA	0	0	0	0	0	0	X	6
4	RANDORI IRIMI NO KATA	0	0	0	0	0	0	0	7
5	KAITEN RANDORI ICHI NO KATA	0	0	0	0	0	0	0	7
6	KAITEN RANDORI NI NO KATA	0	0	0	0	0	0	0	7
7	KAITEN RANDORI SAN NO KATA	0	0	0	0	0	0	0	7
8	GYAKU RANDORI ICHI NO KATA	0	0	0	0	0	0	0	7
9	GYAKU RANDORI IRIMI NO KATA	0	0	0	0	0	0	0	7
10	GYAKU RANDORI NI NO KATA	X	X	0	X	X	X	X	1
11	GYAKU KAITEN RANDORI ICHI NO KATA	0	0	0	0	0	0	0	7
12	GYAKU KAITEN RANDORI NI NO KATA	X	X	0	0	0	0	0	5
<b>Number of techniques authorized for use</b>		<b>9</b>	<b>9</b>	<b>12</b>	<b>10</b>	<b>10</b>	<b>11</b>	<b>10</b>	<b>71</b>

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